

# PERSONALITY

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# What is Personality?

□ People differ from each other in meaningful ways

□ People seem to show some consistency in behavior

## Personality



Personality is defined as distinctive and relatively enduring ways of thinking, feeling, and acting

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# Personality

- \* **Personality** refers to a person's unique and relatively stable pattern of thoughts, feelings, and actions
- \* Personality is an interaction between biology and environment
  - \* Genetic studies suggest heritability of personality
  - \* Other studies suggest learned components of personality

# What is Personality

\* Origin from latin word Persona

**Personality** is the *dynamic organization* within the individual of those *psychophysical systems* that determine his *characteristics behavior* and *thought*" (**Allport, 1961,**)

“The *characteristics* or blend of characteristics that make a person unique” (**Weinberg & Gould, 1999**)

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# Psychological systems

- \* Moods, Attitudes, And Opinions
- \* Id, Ego and Super Ego
- \* Traits
- \* Conscious, Unconscious, Sub Conscious

# Dynamic Organization

- \* The organizations which is not static
- \* It is changes as interaction of heredity and environment.
- \* It determines the unique adjustment of the person .

# Characteristics and Thought

How we get affected

how we interact

how we respond .

# Hence

- \* Personality is defined as the characteristic sets of behaviors, cognitions, and emotional patterns that evolve from biological and environmental factors
- \* **Personality**, a characteristic way of thinking, feeling, and behaving. Personality embraces moods, attitudes, and opinions and is most clearly expressed in interactions with other people. It includes behavioral characteristics, both inherent and acquired, that distinguish one person from another and that can be observed in people's relations to the environment and to the social group.



# Personality

Thoughts



Feelings



Behaviors



Thank  
You

