

Prader-Willi Syndrome (PWS)

Genetic Basis: Paternal deletion + maternal imprinting

1. Chromosomal Region Involved

- Chromosome: 15q11–q13
- This region contains imprinted genes where:
 - Paternal copy is normally active
 - Maternal copy is normally imprinted (inactive)

2. Causes of PWS

PWS occurs when functional paternal genes in 15q11–q13 are missing or inactive.

A. Paternal Deletion (≈70% cases)

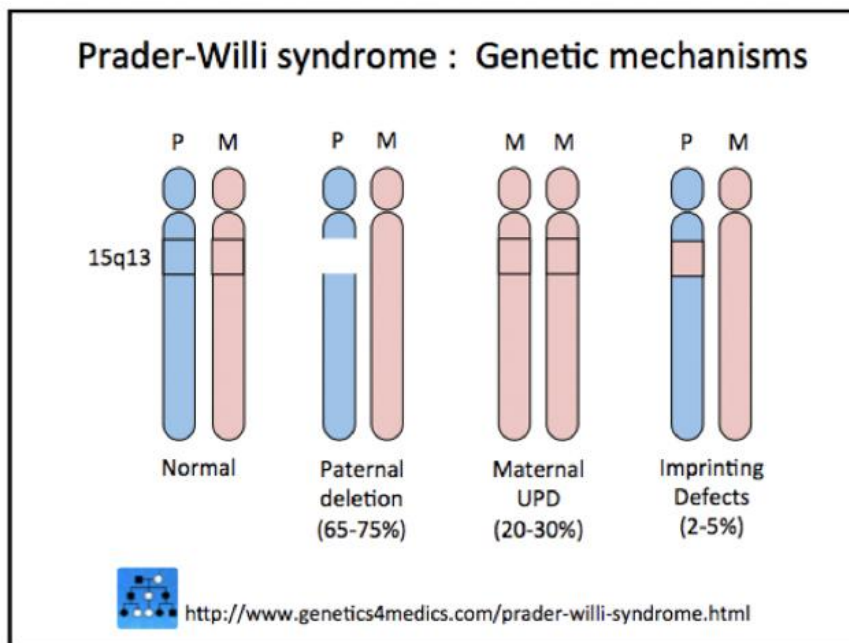
- Part of the paternal chromosome 15 is deleted.
- Maternal copy is imprinted → no active gene → PWS.

B. Maternal Uniparental Disomy (UPD) (≈25–30% cases)

- Child inherits two maternal chromosome 15 copies.
- Both are imprinted → no active paternal gene.

C. Imprinting Defect (≈1–3% cases)

- Paternal chromosome 15 is present but incorrectly methylated.
- It behaves like a maternal (silent) chromosome.



3. Pathophysiology

Loss of paternal expression affects:

- Hypothalamus development
- Endocrine regulation
- Appetite control



4. Key Features

Infancy:

- Hypotonia
- Poor feeding, failure to thrive

Childhood → Adulthood:

- Hyperphagia (excessive eating)
- Obesity
- Mild–moderate intellectual disability
- Short stature
- Hypogonadism
- Behavioral problems (temper tantrums, skin picking)
- Small hands and feet
- Almond-shaped eyes, narrow forehead

5. Diagnostic Testing

- Methylation analysis → gold standard (detects all mechanisms)
- FISH / microarray → detects paternal deletion